



# ELC NEWSLETTER

*Week 4 Term 1 2020*

*Next newsletter: Week 7 Term 1*

## **Welcome to Preschool**

We have had a lovely, settled start to the year and have enjoyed getting to know all our new families and students. Already we feel like we know who the children are, what they love and how they learn.

Thank you to all the families who could make it along to our 'Meet the Staff' event. We are always looking for feedback about our events and would appreciate your comments. Please email us, chat to the staff or drop us a comment in our QIP corner in the front foyer. The staff appreciated the chance to further explain our routines, the curriculum and to chat with you in this informal way.

## **Preschool staff**

**Director** Michelle Woodward

**Administration and Finance Officer** Emma Neal & Olivia Le (from July)

### **Before School Care & Educators**

Asmaa Alaubidy      BSC Coordinator

Stephanie Fisk      BSC Educator

Winnie Loi      BSC Educator

### **Koalas**

Rebecca Mackay      Class Teacher

Asmaa Alaubidy      Educator

### **Bilbies**

Gowri Dissanayake      Class Teacher

Stephanie Fisk      Educator

### **Possums**

Melanie Harding      Class Teacher

Winnie Loi      Educator

### **After School Care & Educators**

Janice Stefanuti      ASC & Holiday Care Coordinator

Jenna Parsons      ASC Educator

Anit Tomy      ASC Assistant

### **Atelerista**

Barbara Nell      Atelerista (Art Specialist)



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## **Sun Smart**

While the weather remains warm it is very important that the students arrive in the morning wearing sunscreen. Sunscreen will be reapplied throughout the day. If your child requires a particular sunscreen please send it in clearly labeled and see your child's teacher to discuss their individual requirements.

Many of the experiences this term will involve water play. Please ensure your child has a change of clothes (clearly labelled) in their school bag. If your child does come home in spare ELC clothes please ensure these are washed and returned promptly. Any donations to our spare clothes pool including old towels and socks would be gratefully received.



## **Healthy lunchboxes**

A healthy school lunch gives children energy to learn and play. Packing a nutritious lunch helps your child to eat well and influences their future eating habits. Involving your child in planning, shopping for and preparing their lunchbox develops their ability to make healthy choices and enjoy good food.

Eating a healthy diet helps children stay alert during class, fight off illnesses, and grow into strong, healthy adults. School children get up to half the food they need each day at school, which makes schools an important place for learning healthy eating habits.

At St Anthony's ELC we ask that you **DO NOT** send in foods that are heavily processed and high in sugar. For example; packets of chips, chocolate bars (LCM's, chocolate chip cookies) lollies (gummies, rollups) or any food that would be considered a 'sometimes' food and should only be consumed on special occasions, not daily. These foods will be returned home with the students.



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It is important for us to lay the foundations of good eating habits in Preschool and to set up our children for healthy futures. If you are looking for ideas you can go to;

<https://healthylunchbox.com.au/>



Thanks Emma (Jess' mum) for coming in and talking to the Bilbies about healthy eating and taste testing the beautiful apples that were bought by Jess from The Apple Shed at Bombowlee at the Southside Farmers Market on the weekend.

The children thought the apples were delicious!!



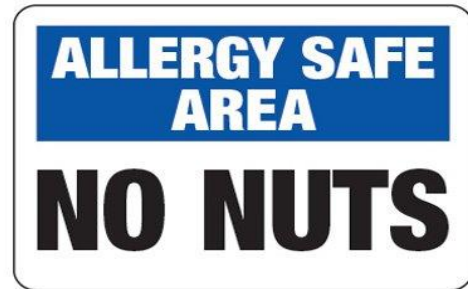


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A reminder that we are a 'Nut Free' environment including foods that contain traces of nuts. If your child would like to bring along special treats for their birthday we would suggest; ice blocks, donuts (plain) or popcorn. If you would like to make cupcakes, please include a list of ingredients. Thank you for your support.



## **Clothing**

We have a small number of second hand clothing items available for sale at the ELC as well as some in the schools clothing pool. If you would like to have a look please contact the front office. The students are encouraged to wear the uniform every day, this allows the children to have freedom of movement in their play. Whilst the children are allowed to have their shoes off during the day they are asked to wear them when riding bikes and when on nature walks. Please dress your child with closed shoes, preferably a white/black jogger.

## **Quality Improvement display (QIP)**

In our foyer this year we have our QIP displayed. Please support our continued growth and improvement by providing feedback across the Quality Areas that we are focusing on this year. Each week we will provide a question to evoke feedback and we will use your answers to inform change in our programs, policies and the day-to-day running of the ELC.

## **Gardening Club.**

This year we are running a 'Green thumbs' group to help us maintain and grow the garden. Our group will run on Friday mornings from 8.30 – 9am. Please let us know if you are available.

Thank you to the wonderful parents and staff who have contributed to this program.

Donations of cuttings, seedlings, potting mix, sugar cane mulch, fertilisers or any other gardening products are always gratefully received and can be left at the front office for the Green Thumbs Club to collect.







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## **Schoolzine – SZapp.**

Please refer to your Orientation Pack regarding information about how to install SZapp. When logging on we can be found under **St Anthony's Parish Primary School Wanniasa - ELC 2020**. This App will be used to correspond and share information with families. We will have spare copies of how to install the App available at our Parent/QIP display.

## **Important dates**

- 26 Feb Ash Wednesday Liturgy
- 9 March Canberra Day Public Holiday
- 17 March St Patrick's Day
- 20 March Harmony Day
- 31/1/2<sup>nd</sup> April Parent/Teacher Meetings
- 2 April World Autism Day
- 9 April Last day of Term 1

## **IMPORTANT REMINDER**

Please ensure you are signing your child into the correct program when using the iPad/kiosk. **Please DO NOT select the 'sign in all' button.** All programs that your child is booked into for that day can show as an option when you sign in. Please select the correct program (BSC, Preschool, ASC) This ensures that all information recorded and linked in our database is accurate.

Thank you.

## **Keep up to date**

