

CLOSED MONDAY'S

Saint Antonys Primary School Canteen

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Menu 2016

COUNTER SALES

Popcorn	\$0.20
Jelly Cups	\$0.80
Jelly and Fruit or Custard	\$1.00
Jelly / Fruit / Custard	\$1.50
Mini Muffins	\$0.30
Cheese on toast/garlic bread	\$0.60
Garlic Cheesy	\$0.80
Hot Milo (term 2 and 3 only)	\$1.00
Soup (term 2 and 3 only)	\$1.00
1/2 Frozen Icy Bite	\$0.25
Frozen Icy Bite	\$0.50
Biscuits (Anzac)	\$0.50
Frozen Fruit Cups	\$0.80
Frozen Yoghurt	\$2.10
Paddle Pops	\$2.00
Apple Slinkie	\$1.20
Orange Segments	\$0.50



BIRTHDAY TREATS

The canteen can supply Icy bites or Muffins to share with the class. Call into canteen to organise.

SALAD BOXES

Salad Bowl	
Lettuce/Tomato/Cheese/Cucumber	\$4.00
With Egg	\$4.50
With either Ham/ Chicken or Tuna	\$5.00
Fruit Salad	\$4.00

WRAPS (LAVASH BREAD)

Your choice of Chicken /Tuna/Ham served on Lavash Bread with Mayo/Lettuce/Carrot/Cucumber/Tomato	\$5.00
Half Lavash	\$2.50

SANDWICHES

Honey / Vegemite	\$2.00
Cheese / Baked Beans / Spaghetti	\$2.50
Egg / Curried Egg	\$2.00
Ham / Chicken / Tuna	\$3.00
Salad	\$3.50
Additional fillings add	\$0.20
ON A ROLL ADD	\$0.40
TOASTED ADD	\$0.40
Dip—Hummus and Vegie Sticks	\$3.00

DRINKS

Flavoured Milk	
Banana/ Chocolate / Strawberry	\$2.00
Plain Milk	\$1.50
Juice	
Orange/Apple/ Apple Blackcurrant	\$2.25
Water	\$1.50
Slushie	\$2.00



HOT FOOD

Chicken Burger Mayo/Lettuce	\$4.00
Cheeseburger with sauce	\$4.00
Bacon and Egg roll	\$4.00
Hot Chicken Mayo or Gravy roll	\$4.00
Toasted Chicken Cheese wrap	\$4.00
Half wrap	\$2.00
Fried Rice (Vegetarian)	\$4.45
Corn on the cob	\$1.20
Hash Brown	\$0.60
Noodle Cup Chicken/Beef	\$1.50
Puppy Dog	\$2.00
Hot Dog	\$3.00
(cheese optional)	
Chicken Nugget	\$0.60
Dino Nugget	\$1.00
Sausage Roll	\$3.30
Large Pie	\$4.00
Party Pie	\$1.10
Lasagne	\$4.00
Macaroni Cheese	\$4.00
Pizza Rounda	\$3.70
Fish Finger	\$0.70

TOMATO SAUCE OR BBQ
\$0.45



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ST ANTHONY'S MEAL DEALS

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MEAL DEAL 1: LASAGNE/MACARONI CHEESE MEAL DEAL \$7.50

Includes:

- Lasagne/Macaroni Cheese
- Frozen Fruit Cup or Jelly
- Muffin or Popcorn
- And Drink



MEAL DEAL 4: PIZZA ROUND MEAL DEAL \$7.00

Includes:

- ♦ Pizza Rounda
- ♦ Frozen Fruit Cup or Jelly
- ♦ Muffin or Popcorn
- ♦ And Drink



MEAL DEAL 2: HOT DOG MEAL DEAL \$7.00 (cheese optional)

Includes:

- Hot dog
- Frozen Fruit Cup or Jelly
- Muffin or Popcorn
- And Drink



Volunteers are always welcome at the Canteen, unable to commit to a day, but like to cook or have a recipe you would like to share. Call into the Canteen at a time that suits you and help prepare and cook treats for the children to eat.
Maree - Canteen 62314022

St Anthony's Canteen follows the Healthy Canteen Guidelines
GREEN FOODS everyday foods AMBER FOODS occasional food RED FOODS sometimes food

NO CHANGES MAY BE
MADE TO MEAL DEALS

MEAL DEAL 3: FISH BITES OR CHICKEN NUGGETS MEAL DEAL \$7.00

Includes:

- 6 Fish Bites or 6 Chicken Nuggets
- Frozen Fruit Cup or Jelly
- Muffin or Popcorn And Drink

.Flexischools On-line Ordering ONLY

Go to www.flexischools.com.au

Cut off time for orders is 9:30am

- Click register
- Enter your email address
- You will be emailed a link to an online form follow the link
- Choose a username and password and complete the form
- Add each student and their class
- Top-up the account using visa and MasterCard.

Flexischools the only way to place an lunch order. Over the counter sales are still available at recess and lunch (snack foods only).

